



**Y230**

**Lat Station**

The Rugged Fitness Lat Attachment features a plate-loaded carriage design with 2" diameter weight posts to accommodate all olympic weight plates and bumpers. Easy bolt-on design makes installing the Rugged Fitness Lat Attachment to the rear of your Half Rack simple and fast. Pulleys feature 2200 lb. tested nylon-coated aircraft-quality cables and the frame is 11-gauge 2"x3" steel designed for extreme durability.

Included are a lat bar and low row bar. Snap links allow quick change and use with several additional cable attachments and handles.

Weight: 86 lbs.

Dimensions: 9.1"L x 52.6"W x 89.4"H

**Special Features**

- Easy bolt-on design attaches to rear of the Y120 Power Rack
- Includes lat bar and low row bar
- 2" weight posts accommodate all olympic weight plates and bumpers
- Snap links allow quick change and use with several cable attachments/handles

**Commercial Warranty**

Frame & Welds .....	Lifetime
Bushings and Hardware.....	3 Years
Pad, Rollers and Grips .....	1 Year

**Home Warranty**

Frame & Welds .....	Lifetime
Bushings and Hardware.....	Lifetime
Pad, Rollers and Grips .....	Lifetime