



Y041
Flat Bench

The Rugged Fitness Flat Bench offers unmatched durability and comfort built to help maximize workouts. Built with bench press and other movements in mind, the Rugged Fitness Flat Bench features a 3-1/2" thick high-density foam back pad for ultimate comfort and stability. A heavy steel base ensures stability while attached transport wheels make moving the bench quick and easy.

Weight: 55.3 lbs.
 Dimensions: 52"L x 24"W x 17"H

Special Features

- 3-1/2" thick high-density foam back pad
- Heavy steel base prevents rocking
- Wheels for easy transport
- Seat Pad Dimensions: 16"L x 11.75"W x 3"H
- Back Pad Dimensions: 34"L x 12.5"W x 3"H

Commercial Warranty

Frame & Welds Lifetime
 Bushings and Hardware..... 3 Years
 Pad, Rollers and Grips 1 Year

Home Warranty

Frame & Welds Lifetime
 Bushings and Hardware..... Lifetime
 Pad, Rollers and Grips Lifetime